

Ohio STNA Skill Tasks Overview

New Tasks Effective October 1, 2020

D&S Diversified Technologies LLP

Exciting Changes for STNA State Testing

- Moving away from five individual performance of tasks
- Moving towards fluid scenarios to mirror clinical setting
- All skill task scenarios include evidence-based practice on hand hygiene.
- Every student will perform donning and doffing of PPE

Skill Changes

- Removed abdominal thrust skill.
- Removed oral temperature with vital sign skill, students will measure pulse and respiration
- Added male perineal care with changing a brief
- Replaced “Identify Hands Should be Washed”
 - With “Perform hand hygiene (Cover all surfaces of hands with hand sanitizer. Rub hands together to dry).
- Removed the hand washing as a separate skill task and embedded it with one of five mandatory first tasks.

Mandatory First Scenario with Embedded Handwashing

- Every student will get one of the following scenarios which include embedded handwashing at the end of the scenario:
 - Bedpan and output w/hand washing
 - Catheter care w/hand washing
 - Changing adult brief and perineal care for a male w/hand washing
 - Emptying urinary drainage bag w/hand washing
 - Perineal care female w/hand washing

At the end of the first scenario, the students will perform the following hand washing steps:

Washes hands: Turn on water.

Washes hands: Wets all surfaces of hands.

Washes hands: Wets wrists.

Washes hands: Applies soap to hands.

Washes hands: Rub hands together using friction.

Washes hands: While hands are not under the water stream, rub hands together for at least 20 seconds.

Washes hands: Interlace fingers pointing downward.

Washes hands: Washes all surfaces of hands with soap.

Washes hands: Washes wrists with soap.

Washes hands: Rinses hands thoroughly under running water with fingers pointed downward.

Washes hands: Dries hands on clean paper towel(s).

Washes hands: Immediately discards paper towel(s) in trash can.

Washes hands: Turns off faucet with a clean dry paper towel.

Washes hands: Does not re-contaminate hands at any time during the hand washing procedure. If so, how? _____

Mandatory second scenario with PPE donning and doffing

- All students will start their second scenario with the following steps:
 - Perform hand hygiene. (Cover all surfaces of the hands with hand sanitizer. Rub hands together to dry.)
 - Unfold and don gown
 - Fully cover torso and wrap around the back, fasten at neck and waist
 - Put on Goggles or Face Shield Place over face and eyes
 - Put on gloves
 - Gloves extend over wrists of isolation gown

Mandatory second scenario with PPE donning and doffing

- All students will end their second scenario with the following steps:
 - Remove gloves turning inside out as they were removed
 - Dispose of gloves in designated container
 - Remove goggles or shield from the back by lifting headband or earpieces
 - Place goggles or shield in designated container
 - Unfasten the gown ties, pull gown away from neck touching inside of gown only. Turn inside out roll into a bundle
 - Dispose of gown in designated container
 - Perform hand hygiene. (Cover all surfaces of the hands with hand sanitizer. Rub hands together to dry.)

Mandatory second scenario with PPE donning and doffing

- The following are the scenarios where PPE is required as the actor removes their mask:
 - PPE and feeding a dependent resident
 - PPE and mouth care
 - PPE and partial bed bath – face/arm/hand/underarm
- There will be additional scenarios from the skill scenario pool where the candidate would don and doff PPE and perform the task while wearing PPE.

Additional skill scenario tasks:

- Ambulation with a gait belt
- Ambulation with walker
- Antiembolic stocking
- Denture care
- Dressing a dependent resident
- Hair care
- Making an occupied bed
- Nail care one hand
- Positioning resident on side
- Pulse and respirations
- Range of motion – hip and knee
- Range of motion – one shoulder
- Stand/pivot/transfer bed to wheelchair using a gait belt
- Stand/pivot/transfer wheelchair to bed using a gait belt
- Weighing an ambulatory resident

Training Programs and Test Sites will need:

- There will be some additional items that training programs and test sites will need to prepare students. These include:
 - Hand sanitizer
 - Isolation gowns
 - Goggles or face shields
 - A manikin with male genitalia
 - Disposable briefs

**Updated Candidate Handbook and
Mock Skills coming soon.**

**Live Q&A virtual sessions to be
scheduled**

**Please check the
<https://hdmaster.com> Ohio STNA
website for updated information**

Thank you!